

knead Corporate

BREAKFAST SERVED TILL 11AM

EGGS HOW YOU LIKE THEM 49

SCRAMBLED  | POACHED | FRIED

Served with roast cherry tomatoes, pesto and toast.

BAKERS BREAKFAST 89

EGG, BACON & COFFEE

2 fried | scrambled | poached eggs, 2 rashers of bacon, roast cherry tomatoes, pesto and toast.

With a regular coffee or tea of your choice.

CHEESY OMELETTE 79

A 3 egg omelette filled with cheddar and mozzarella cheese mix and served with roast cherry tomatoes and rocket.

ADD BACON +27 | SMOKED SALMON +68

EGGS BENEDICT 83

With hollandaise sauce served with roast cherry tomatoes and rocket.

WITH AVO 95 | BACON 95 | SMOKED SALMON 130

BREAKFAST BURRITO 89

A large flour wrap filled with scrambled eggs, crispy bacon, sliced avocado, creamy Sriracha slaw, homemade tomato sauce, sliced tomato and rocket.

BACON & EGG ROLL COMBO 68

1 Fried egg and bacon with mayo, sliced tomato, tomato sauce and rocket served on a bun with a regular coffee.

GRANOLA POT 45

Our homemade nutty granola served with seasonal fruit, yoghurt and honey.

TOAST &

AVOCADO DELUXE 83 92*

Crushed avocado, feta, cherry tomatoes, thinly sliced pickled cucumber, pickled peppers and rocket. With basil pesto, smoky tomato vinaigrette and served on our sourdough.

*WITH A POACHED EGG | ADD BACON +27

TOASTIES - SERVED ALL DAY

SERVED WITH FRIES OR A SIDE SALAD - *PRICE WITHOUT SIDES

HAM, CHEESE & TOMATO 83 65*

Ham, sliced tomato, mayo, mozzarella cheddar cheese mix and caramelised onions on our square farmhouse loaf.

BACON, EGG & CHEESE 83 65*

Two eggs, crispy bacon, mayo and mozzarella cheddar cheese mix on our square farmhouse loaf.

CLASSIC CHICKEN MAYO 74 56*

Chicken mayo with pickled cucumber, sliced tomato on our square farmhouse loaf.

TWO CHEESE 70 52*

With mozzarella cheddar cheese mix, caramelised onion on our farmhouse loaf. **PLEASE ASK IF YOU WOULD LIKE SLICED TOMATO**

BREAKFASTS ARE SERVED WITH OUR LIGHT SOURDOUGH
TOASTIES ARE SERVED ON OUR SQUARE FARMHOUSE LOAF
PLEASE ASK IF YOU REQUIRE BUTTERMILK RYE OR
SEEDED WHOLEWHEAT | GLUTEN FREE +10 | CROISSANT +25

FRIES

(M)27 (L)54

NO SUBSTITUTIONS, PLEASE. MENU ITEMS SERVED AS LISTED.
PLEASE USE OUR EXTRAS TO ADD ITEMS OF CHOICE

MAINS SERVED FROM 11AM BURGERS

100% BEEF PATTY OR GRILLED CHICKEN BREAST, DRESSED WITH TOMATO, PICKLED CUCUMBER, ROCKET, BBQ MAYO AND SERVED WITH HAND-CUT FRIES OR A CRUNCHY SIDE SALAD AND ONION RINGS UNLESS OTHERWISE STATED.

CLASSIC 95

CHEESE 110

CHEESE & BACON 125

SOUTHERN FRIED CHICKEN

CRISPY COATED SOUTHERN STYLE CHICKEN TENDER STRIPS
DEEP FRIED.

SOUTHERN FRIED CHICKEN STRIP BUN 95

Dressed with a crunchy sriracha mayo slaw, pickled cucumbers, onion rings and a side of fries of salad.

SOUTHERN FRIED CHICKEN WRAP 95

A large flour wrap filled with southern fried chicken strips, sliced avocado, creamy Sriracha slaw, homemade tomato sauce, sliced tomato and rocket.

SOUTHERN FRIED CHICKEN STRIPS & FRIES 75

ADD A SIDE OF CREAMY SRIRACHA SLAW +10

LIGHT MEALS

CHICKEN BACON AVO & FETA SALAD 120

Grilled chicken, lettuce, crispy bacon, sliced avocado, cherry tomatoes and feta cheese. Served with a smoky tomato vinaigrette dressing.

BBQ CHICKEN WRAP 95

A large flour wrap filled with BBQ chicken, sliced avocado, creamy Sriracha slaw, homemade tomato sauce, sliced tomato and rocket.

CREAMY CHICKEN PASTA & BACON 120

With roast chicken, spinach and roast cherry tomatoes, tossed with penne and topped with crispy bacon and grated parmesan.

CHEESY RUSSIAN SAUSAGE & FRIES 65

Grilled Cheesy Russian served with hand-cut fries and tomato sauce
WITH TWO RUSSIANS 85

PIZZA

ALL OUR PIZZAS ARE MADE ON ITALIAN PIZZA BASES WITH GRATED MOZZARELLA & ROAST ITALIAN TOMATO SAUCE.

BACON AVO FETA & CHEESY RUSSIAN 95

With bacon, feta, avocado, sliced Cheesy Russian, cherry tomatoes and caramelised onions.

BBQ CHICKEN & CHORIZO PIZZA 95

With BBQ grilled chicken, cherry tomatoes and thinly sliced chorizo.

BBQ CHICKEN PIZZA 95

With BBQ grilled chicken and cherry tomatoes.

CHICKEN MAYO & BACON PIZZA 95

With classic chicken mayo, bacon bits and caramelised onions.
THIS PIZZA IS MADE WITH A WHITE SAUCE BASE NOT WITH TOMATO SAUCE

MARGHERITA 95

With mozzarella and cherry tomatoes.

HAM, TOMATO & FETA 95

With sliced ham, feta and roast cherry tomatoes.

EXTRAS

EGG 14 | PESTO 23 | AVO 27 | BACON 27 | MOZZARELLA 27 |

FETA 27 | CHEESE MIX 27 | BEEF SAUSAGE 32 |

FRIES 27/54 | PORK BANGER 32 | CHEESY RUSSIAN 32 |

CHICKEN 32 | SMOKED SALMON 67



Cold Drinks

SODAS 16

COKE, COKE LIGHT, COKE ZERO
SPRITE, SPRITE ZERO, FANTA,
CREAM SODA

CAPPY FRUIT JUICES 20
FLAVOURED WATER 17
SELECTED JUICES 17
APPLETISER/GRAPETISER 25

ICED CAPPUCCINO 40

CAPPUCCINO SERVED ON ICE

SHAKES R T

VANILLA	45	50
FLAVOURS	50	55
CHOCOLATE / BAR ONE / COFFEE / CHAI CARMEL FUDGE / BAR ONE HAZELNUT STRAWBERRY / BUBBLEGUM		

ICED FRAPES 44

ICY FROZEN & SLUSHY LATTES
COFFEE / CHAI LATTE / CARMEL FUDGE

ROOIBOS LEMON & GINGER CORDIAL

ICED TEA	45
BLENDED FREEZO	42

FRESHLY SQUEEZED

ORANGE JUICE	45
ORANGE CARROT & GINGER	50

SMOOTHIES 58

THE CLASSICO

Orange juice, frozen strawberries and banana.

PEANUT POWER

Milk, peanut butter, honey, frozen banana, chocolate ganache and yoghurt.

BERRY SMOOTHIE

Frozen fruit and berries with mixed berry juice.

STRAWBERRY DELIGHT

Strawberry coulis, frozen strawberries, frozen banana, frozen yoghurt and apple juice.

LEMON & MINT

Frozen banana, pineapple, mint, apple juice, lemon and frozen yoghurt

Hot Drinks

COFFEE	R	T
AMERICANO	32	35
CAPPUCCINO	36	42
LATTE	36	42
FLAT WHITE	36	
DARK CHOC MOCHA	43	49
CARAMEL FUDGE MOCHA	43	49

SHORTS	D
ESPRESSO	25
MACCHIATO	29
CORTADO	31

LATTES	R	T
ROOIBOS	39	44
CHAI	39	44
DIRTY CHAI	53	66
CARAMEL FUDGE	43	49

CLASSIC LOOSE-LEAF TEAS 25

ALL OUR TEAS ARE LOOSE LEAF AND SUPPLIED BY ENMASSE TEA MERCHANTS
CEYLON, JASMINE GREEN
ROOIBOS CONNOISSEUR, EARL GREY

HOT LEMON & GINGER TEA 25

MADE WITH OUR LEMON & GINGER CORDIAL AND SERVED WITH FRESH LEMON & GINGER

HOT CHOCOLATE	R	T
MILK CHOCOLATE GANACHE	42	48
BAR ONE	42	48
CHOCOLATE HAZELNUT	42	48
CHOC CARMEL FUDGE	42	48

Early Bird

MON – FRI TILL 9AM

Coffee		R
CAPPUCCINO		28
AMERICANO		26
LATTE		28
FLAT WHITE		28
ESPRESSO		26
CORTADO		26
MACCHIATO		26

Tea		R
CEYLON TEA		24
ROOIBOS		24
GREEN		24
EARL GREY		24

*SPECIAL ONLY APPLIES TO REGULAR SIZE COFFEE & TEA ITEMS LISTED. SIT DOWN ONLY LATTE IS SERVED IN A REGULAR CUP