knead Corporate

Breakfast

SERVED TILL 11AM

EGGS HOW YOU LIKE THEM 51
SCRAMBLED | POACHED | FRIED
Your choice of eggs with roast cherry tomato.

BAKERS BREAKFAST M 89
EGG BACON & COFFEE
Eggs your way with crispy bacon, toast, roast cherry tomatoes and a regular coffee or tea.

FARMHOUSE BREAKFAST M 136
A hearty plate of eggs your way, crispy bacon, mushrooms, beef bangers, fries and roast cherry tomatoes.

CHEESY OMELETTE V 83
Three-egg omelette with melted cheddar and mozzarella, served with roast cherry tomatoes and rocket.
ADD BACON +30 | SMOKED SALMON +75 | ADD MACON +45

SCRAMBLE & MUSHROOM V 94
Our lightly toasted sourdough topped with scrambled eggs and panfried mushrooms served with a side of creamy yoghurt dressing.

BREAKFAST BURGER 137/115*
Our beef burger topped with crispy bacon, American cheese and a fried egg dressed with our macmayo on a soft burger bun. Served with 2 sides: salad or fries and onion rings.
*PRICE WITHOUT ANY SIDES

AVOCADO DELUXE V 83/92*
Crushed avo with feta, pickled peppers, radish and rocket, finished with lemon basil pesto and smoky tomato vinaigrette on sourdough.
*WITH A POACHED EGG | ADD BACON +27 | ADD MACON +42

BREAKFAST WRAP M 93
A loaded flour tortilla with scrambled eggs, crispy bacon, avo, fresh salsa and smoky tomato vinaigrette.

GRANOLA POT V 45
Our homemade nutty granola served with seasonal fruit, yoghurt and honey.

BACON & EGG ROLL COMBO M 68
Soft burger bun with a fried egg, crispy bacon, sliced tomato, rocket, mayo and tomato sauce.
Served with a regular Early Bird coffee.

Toasties

SERVED ALL DAY
SERVED WITH FRIES OR A SIDE SALAD *PRICE WITHOUT ANY SIDES

HAM, CHEESE & TOMATO M 87/69*
Ham, sliced tomato, mayo, mozzarella cheddar cheese mix and caramelised onions on our farmhouse loaf.
PREFER BACON OR MACON PLEASE ASK

BACON, EGG & CHEESE M 87/69*
Two eggs, crispy bacon, mayo and mozzarella cheddar cheese mix on our farmhouse loaf.

CLASSIC CHICKEN MAYO 78/60*
Chicken mayo topped with sliced tomato on our farmhouse loaf.

PERI-PERI CHICKEN 92/72*
Spicy, smoky peri-peri grilled chicken, melted mozzarella cheddar cheese mix and a creamy peri-peri mayo on our farmhouse loaf.

TWO CHEESE V 74/56*
With mozzarella cheddar cheese mix, caramelised onion on our farmhouse loaf. PLEASE ASK IF YOU WOULD LIKE SLICED TOMATO

M – SWOP BACON FOR MACON +R15 ADD MACON +R45

Burgers

MAINS SERVED FROM 11AM

BURGERS ARE MADE WITH 100% BEEF AND DRESSED WITH TOMATO, PICKLED CUCUMBER, ROCKET & BBQ MAYO. SERVED WITH 2 SIDES: SALAD OR FRIES AND ONION RINGS. *PRICE WITHOUT ANY SIDES

CLASSIC 95/75*
CHEESE 115/95*
CHEESE & BACON M 130/110*
SMASH CHEESEBURGER 130/110*
Double smashed beef patties, seared for flavour and topped with melted American cheese.

PERI-PERI CHICKEN SMASH BURGER 135/115*
Spicy, smoky smash chicken breast, seared for flavour and topped with melted American cheese and creamy peri-peri mayo. ADD: AVO +38

Southern Fried Chicken

BUTTERMILK MARINATED CHICKEN BREAST DOUBLE DIPPED AND COATED IN OUR EXTRA CRUNCHY FLOUR MIX.

SF CRUNCHY BURGER 99/79*
Dressed with a crunchy sriracha mayo slaw, pickled cucumbers.
*PRICE WITHOUT FRIES ADD OUR PERI-PERI SAUCE +20

SF CHICKEN & FRIES 95
Served with crunchy sriracha mayo slaw and onion rings.

Wraps

BREAKFAST WRAP M 93
A loaded flour tortilla with scrambled eggs, crispy bacon, avo, fresh salsa and smoky tomato vinaigrette.

SOUTHERN FRIED CHICKEN WRAP 99
With crunchy sriracha mayo slaw, pickled cucumber, avo and radish, served on a soft flour wrap.

BBQ CHICKEN WRAP 99
BBQ grilled chicken, with crunchy sriracha mayo slaw, pickled cucumber, avo and radish, served on a soft flour wrap.

PERI-PERI CHICKEN WRAP 125
Spicy, smoky grilled peri-peri chicken, crunchy slaw, sliced avo, fresh salsa and dressed with creamy peri-peri mayo.

Light Meals

CHICKEN BACON AVO & FETA SALAD M 126
Grilled chicken, lettuce, crispy bacon, sliced avo, cherry tomatoes and feta cheese. Served with a smoky tomato vinaigrette dressing.

CHICKPEA CHOPPED SUMMER SALAD V 98
A high protein salad with marinated chickpeas, chopped tomato, cucumber, red onion, garlic, parsley, radishes, red pepper and cos lettuce dressed with our herb & honey vinaigrette.
FOR EXTRA PROTEIN ADD: AVO +30 | BACON +30 | MACON +45

CREAMY PARMESAN CHICKEN PASTA 138
A succulent chicken breast pieces cooked in a creamy parmesan and garlic sauce then tossed with penne.

CREAMY CHICKEN & BACON PASTA M 126
With roast chicken, spinach and roast cherry tomatoes, tossed with penne, topped with crispy bacon, and grated parmesan.

Pizzas

ALL OUR PIZZAS ARE MADE ON ITALIAN PIZZA BASES WITH GRATED MOZZARELLA & ROAST ITALIAN TOMATO SAUCE.

BACON AVO FETA & CHEESY RUSSIAN M 99
BBQ CHICKEN, CHORIZO & TOMATO 99
GRILLED CHICKEN & BACON 99
With caramelised onions.
MARGHERITA V 89
With mozzarella and cherry tomatoes.
PERI-PERI CHICKEN 99
Mozzarella, spicy, smoky grilled peri-peri chicken, tomato, caramelised onion and finished with garlic olive oil and rocket.

NEWNESS – HIGHLIGHTED IN GREEN

knead Corporate

Cold Drinks

SODAS 16
COKE, COKE LIGHT, COKE ZERO
SPRITE, SPRITE ZERO, FANTA,
CREAM SODA

CAPPY FRUIT JUICES 20
FLAVOURED WATER 17
SELECTED JUICES 17
APPLETISER/GRAPETISER 25

ICED CAPPUCCINO 42
CAPPUCCINO SERVED ON ICE

SHAKES	R	T
VANILLA	45	50
FLAVOURS	50	55

CHOCOLATE / BAR ONE / COFFEE / CHAI
BAR ONE HAZELNUT / STRAWBERRY / BUBBLEGUM

ICED FRAPPES 46
ICY FROZEN & SLUSHY LATTES
COFFEE / CHAI LATTE / CARAMEL FUDGE

ROOIBOS LEMON & GINGER CORDIAL
ICED TEA 45
BLENDED FREEZO 42

FRESHLY SQUEEZED
ORANGE JUICE 50
ORANGE CARROT & GINGER 53

SMOOTHIES 61
THE CLASSICO
Orange juice, frozen strawberries and banana.

PEANUT POWER
Milk, peanut butter, honey, frozen banana, chocolate ganache and yoghurt.

BERRY SMOOTHIE
Frozen fruit and berries with mixed berry juice.

STRAWBERRY DELIGHT
Strawberry coulis, frozen strawberries, frozen banana, frozen yoghurt and apple juice.

ALMOND HONEY COCONUT BLISS
Almond milk, honey, yoghurt, creamy oats, shredded coconut, peanut butter, frozen banana.

Hot Drinks

COFFEE	R	T
AMERICANO	32	35
CAPPUCCINO	36	42
LATTE	36	42
FLAT WHITE	36	
DARK CHOC MOCHA	43	49

SHORTS	D
ESPRESSO	25
MACCHIATO	29
CORTADO	31

LATTES	R	T
ROOIBOS	41	46
CHAI	41	46
DIRTY CHAI	56	69

CLASSIC LOOSE-LEAF TEAS 25
ALL OUR TEAS ARE LOOSE LEAF AND SUPPLIED BY ENMASSE TEA MERCHANTS
CEYLON, JASMINE GREEN
ROOIBOS CONNOISSEUR, EARL GREY

HOT LEMON & GINGER TEA 25
MADE WITH OUR LEMON & GINGER CORDIAL AND SERVED WITH FRESH LEMON & GINGER

HOT CHOCOLATE	R	T
MILK CHOCOLATE GANACHE	44	50
BAR ONE	44	50
CHOCLATE HAZELNUT	44	50

Early Bird
MON – FRI TILL 9AM

COFFEE	R
AMERICANO	26
CAPPUCCINO	28
LATTE	28
FLAT WHITE	28

SHORTS	D
ESPRESSO	26
MACCHIATO	26
CORTADO	26

CLASSIC LOOSE-LEAF TEAS 24
ALL OUR TEAS ARE LOOSE LEAF AND SUPPLIED BY ENMASSE TEA MERCHANTS
CEYLON, JASMINE GREEN
ROOIBOS CONNOISSEUR, EARL GREY