

## ALL DAY BREAKFASTS

FREE RANGE EGGS HOW YOU LIKE THEM 55V

SCRAMBLED / POACHED / FRIED  
SERVED WITH ROAST TOMATO PRESERVE & GREEN HERB DRESSING

ADD: AVOCADO +28 | PORK / BEEF SAUSAGE +30 | MACON +40  
BACON +30 | MUSHROOMS +30 | SMOKED SALMON +62

FARMHOUSE BREAKFAST 129 M\*

Eggs how you like them, with crispy bacon, mushrooms, beef sausage, roast tomato preserve and hand-cut fries.

BAKERS BREAKFAST- EGG BACON & COFFEE 80 M\*

2 fried | scrambled | poached eggs, 2 pieces of bacon, roast tomato preserve, green herb dressing and toast with a regular coffee or tea of your choice

CHEESY OMELETTE 80V

3 egg omelette filled with a cheese mix and served with roast tomato preserve, fresh salsa and rocket.

ADD BACON +30 | SMOKED SALMON +62

ALL DAY BREAKFAST PIZZA 119 M\*

Bacon, beef sausage, mushrooms, cherry tomatoes, mozzarella and an egg served on an Italian pizza base.  
GLUTEN FREE AND LOW CARB BASES ARE AVAILABLE ADD +10

EGGS BENEDICT 79V

Two poached eggs with hollandaise sauce served on toast of your choice with our roast tomato preserve.

WITH BACON 99 | WITH SMOKED SALMON 135

SWEETCORN FRITTER BREAKFAST 85V

Sweetcorn fritters, a poached egg, roast tomato preserve, home-made tomato sauce and avocado.

WITH BACON & MUSHROOM 99

WITH SMOKED SALMON & WHISKED CREAM CHEESE FETA 155

OUR SWEETCORN FRITTERS ARE MADE WITH GLUTEN FREE FLOUR, CHICKPEA FLOUR, SWEETCORN, SPRING ONION, RED ONION AND RED CHILLI.

TOASTED BACON EGG & CHEESE 89 M\*

Eggs, crispy bacon, homemade cheese sauce and cheese mix on our sourdough. SERVED WITH A SIDE OF FRIES.

BREAKFAST BURRITO 99V+ M\*

A large tortilla wrap filled with scrambled eggs, crispy bacon, sliced avo, fresh salsa, homemade tomato sauce, a drizzle of smoky tomato vinaigrette and rocket.

(V+ VEGAN SCRAMBLE & MUSHROOMS REPLACE THE BACON & EGGS)

NUTTY GRANOLA FRUIT & YOGHURT 79V+

Our homemade nutty granola served with seasonal fruit yoghurt & honey. (FOR V+ SUBSTITUTE COCONUT YOGHURT & SYRUP)

VEGAN SCRAMBLED EGGS 69V+

Chickpea scramble served with roast tomato preserve, mushroom, vegan lemon and basil pesto, and roast tomato sauce.

ADD AVO +28

SAVOURY BRIOCHE FRENCH TOAST 89/95\* M\*

With crispy bacon, mushrooms and homemade tomato sauce.  
\*SERVED WITH A POACHED EGG

Croissant, Bacon,  
Tomato & Egg 95 M\*

Breakfast Bun M\*  
Fried Egg, Bacon, Tomato 55

BREAKFASTS ARE SERVED ON A CHOICE OF OUR SOURDOUGH (V+) OR BUTTERMILK RYE, UNLESS OTHERWISE STATED. IF YOU PREFER:  
GLUTEN FREE ADD 7 | LOW-CARB ADD 7 | CROISSANT ADD 25

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## TOAST &

TOAST & AVOCADO 89/95\* V+

Crushed avo, Danish feta, roast tomato preserve, thinly sliced radish, roast peppers and rocket. With lemon and basil pesto, smoky tomato vinaigrette and served on our sourdough.

ADD BACON +30 | MACON +40  
\*SERVED WITH A POACHED EGG (V+ WITH VEGAN FETA)

TOAST & CREAMY MUSHROOMS 89/95\* V

Mushrooms cooked with garlic, fresh thyme, creamy béchamel and parsley. \*SERVED WITH A POACHED EGG

ADD BACON +30 | MACON +40

TOAST & PAN FRIED TOMATOES ON CREAM CHEESE FETA 95/105\* V

Toasted sourdough spread with a whipped feta cream cheese. Topped with tomatoes pan fried with balsamic vinegar, olive oil and a touch of brown sugar. Dressed with lemon basil pesto and rocket. \*SERVED WITH A POACHED EGG  
ADD AVO +28

## TOASTIES

THESE TOASTIES COME WITH HAND-CUT FRIES OR A CRUNCHY SIDE SALAD

SMOKED SALMON CREAM CHEESE 125

Smoked salmon and cream cheese feta, dill pickle and marinated red onion on our light sourdough.

BRAISED MUSHROOM & CHEESE 99V

With braised mushrooms, cheese mix and homemade cheese spread on our light sourdough

CHICKEN RED PESTO MAYO 95V+

Roast chicken breast and red pepper pesto mixed with mayo and layered with sliced tomato and gherkin on our light sourdough.

HAM, CHEESE & TOMATO 95 M\*

Ham, sliced tomato, homemade cheese spread, cheese mix and caramelised onions on our light sourdough.

BACON EGG & CHEESE 89 M\*

Eggs, crispy bacon, homemade cheese sauce and cheese mix on our light sourdough.

CLASSIC CHICKEN MAYO 89V+

Roast chicken breast mixed with mayo and layered with sliced tomato and gherkin on our light sourdough.

DOUBLE CHEESE 85V

With cheese mix and homemade cheese spread on our light sourdough. PLEASE ASK IF YOU WOULD LIKE SLICED TOMATO

V+ FOR VEGAN CHICKEN TOASTIES AND BURGERS WE USE ON THE GREEN SIDE VEGAN CHICKEN MADE FROM NON GMO SOY PROTEIN, FAVA BEANS, PEA PROTEIN, LENTIL AND CHICKPEA FLOUR & VEGAN MAYO)

TOASTIES ARE SERVED ON A CHOICE OF OUR LIGHT SOURDOUGH (V+) OR BUTTERMILK RYE. IF YOU PREFER  
GLUTEN FREE ADD +7 | LOW-CARB ADD +7 | CROISSANT ADD +25

## CLASSIC BURGERS 95

BURGERS ARE MADE FROM 100% BEEF OR GRILLED CHICKEN BREAST AND SERVED WITH HAND-CUT FRIES OR A CRUNCHY SIDE SALAD AND ONION RINGS UNLESS OTHERWISE STATED.

CHEESE BURGER 115

With cheese mix, tomato, gherkins, rocket and BBQ mayo

WITH CHEESE & BACON 130 M\*

Southern Fried Chicken Burgers

BUTTERMILK MARINATED CHICKEN BREAST WITH SEASONED FLOUR COATING, DEEP FRIED

TRADITIONAL CRISPY 105V+

Dressed with a crunchy slaw, gherkins and Sriracha mayo.

KOREAN CRISPY 105V+

Dressed KOREAN GOCHUJANG CHILLI SAUCE (made with sesame oil, gochujang paste, honey, brown sugar, soy sauce, fresh garlic and ginger), and dressed with a crunchy slaw, gherkins, sesame seeds and mayo

## VEG BURGER

CRUNCHY FALAFEL BURGER 95V+

With quinoa encrusted veggie falafel made with quinoa, chickpeas, cannellini and kidney beans, green peas, celery and coriander dressed with a crunchy slaw, gherkin and Sriracha mayo

## PIZZAS

ALL OUR PIZZAS ARE MADE ON ITALIAN PIZZA BASES WITH GRATED MOZZARELLA & ROAST ITALIAN TOMATO SAUCE

ALL DAY BREAKFAST 119 M\*

With bacon, beef sausage, mushrooms, cherry tomatoes, an egg and rocket.

BACON AVO FETA CHEESY RUSSIAN TOMATO 129M\*

With bacon, feta, avo, sliced cheesy Russian, cherry tomatoes and sweet caramelised onions

CHEESE & TOMATO 85V+

(NO TOMATOES! PLEASE TELL YOUR WAITRON)

HAM & PINEAPPLE 119 M\*

SPINACH & FETA 105V+

GLUTEN FREE BASE / LOW-CARB BASE ADD 10  
LOW-CARB BREAD & PIZZA BASES ARE ALSO GLUTEN FREE.  
PLEASE ASK IF YOU WOULD LIKE TO ADD CHILLI

## LIGHT MEALS

CHICKEN CAESAR SALAD 115 M\*

Grilled chicken, cos lettuce, crispy bacon, boiled egg, crunchy crostini, slivers of parmesan and a creamy Caesar dressing.  
(\*Dressing contains anchovies)  
ADD AVO +28

POKÉ SALAD BOWL 75V+

Brown rice, pickled cucumber, red pepper, red onion, slaw, avo, radish, tomato, edamame beans dressed and dressed with citrus ponzu dressing\* and smoked tomato vinaigrette.

(PONZU DRESSING MADE WITH SOYA SAUCE, ORANGE JUICE, WATER, MIRIN, RED CHILLI, SESAME OIL)

ADD GRILLED CHICKEN +30 | FETA +28 | KOREAN CHICKEN +33 |  
FALAFEL +30 | SMOKED SALMON +62 | MUSHROOMS +30

## CHICKEN - FRIES - FRITTERS

BUTTERMILK FRIED CHICKEN SERVED WITH EITHER FRIES OR SWEETCORN FRITTERS AND STRAIGHT-UP OR WITH YOUR CHOICE OF SAUCE

BUTTERMILK FRIED CHICKEN & FRIES 99V+

with a crispy tangy slaw & hand-cut fries

BUTTERMILK FRIED CHICKEN & FRITTERS 99V+

on sweetcorn fritters with a crispy tangy slaw

SAUCES

SPICY SRIRACHA HONEY SAUCE (SRIRACHA, HONEY & CHILLI)

KOREAN GOCHUJANG CHILLI SAUCE GOCHUJANG PASTE, HONEY, BROWN SUGAR, SOY SAUCE, FRESH GARLIC AND GINGER

OUR SWEETCORN FRITTERS ARE MADE WITH GLUTEN FREE FLOUR, CHICKPEA FLOUR, SPRING ONION, RED ONION AND RED CHILLI.

CHICKEN MAYO CIABATTA ROLL 59V+

With sliced tomato, gherkin and rocket.

CHICKEN RED PESTO MAYO & AVO 99V+  
OPEN SANDWICH & FRIES

Served on our light sourdough, dressed with cos lettuce, pickled and fresh cucumber, radishes, roast tomato preserve, marinated red onion and smoky tomato vinaigrette.

V+ FOR VEGAN CHICKEN WE USE ON THE GREEN SIDE VEGAN CHICKEN MADE FROM NON GMO SOY PROTEIN, FAVA BEANS, PEA PROTEIN, LENTIL AND CHICKPEA FLOUR & VEGAN MAYO)

TOMATO SOUP 70V+

Chunky roasted tomato soup served with lemon and basil pesto. Served with crunchy crostini.

Add half a Cheese Toasty to your soup +40

## TACOS & WRAPS

SERVED ON 3 SOFT FLOUR TORTILLAS OR A 30CM ROUND FLOUR WRAP

BUTTERMILK FRIED CHICKEN TACOS OR WRAP 99V+

Buttermilk marinated chicken breast coated and deep fried, with crunchy slaw, fresh salsa, creamy coriander dressing, Sriracha mayo, avo and radish, served with lemon.

SERVED TRADITIONALLY OR DRESSED WITH YOUR CHOICE OF SPICY SRIRACHA HONEY OR KOREAN GOCHUJANG CHILLI SAUCE

V+ FOR VEGAN CHICKEN TACOS WE USE ON THE GREEN SIDE VEGAN CHICKEN MADE FROM NON GMO SOY PROTEIN, FAVA BEANS, PEA PROTEIN, LENTIL AND CHICKPEA FLOUR

CRUNCHY FALAFEL TACOS OR WRAP 99V+

Crunchy coated falafel with crunchy slaw, fresh salsa creamy coriander dressing, Sriracha mayo, avo and radish, served with lemon. \*Made with our falafel burger mix.

V – SUITABLE FOR VEGETARIANS

V+ – SUITABLE FOR VEGANS

## EXTRAS

EGG 16  
OLIVES 19  
SPINACH 18  
PESTO 25  
AVOCADO 28  
BACON 30  
MOZZARELLA 28

FETA/CHEESE MIX 28  
BEEF/PORK SAUSAGE 30  
FRIES 28  
MUSHROOMS 30  
CHEESY RUSSIAN 33  
CHICKEN 33  
SMOKED SALMON 62

Weekly  
Specials

MON – FRI

2PM TO CLOSE

BURGERS, PIZZAS,  
TACOS/WRAPS

R75

TERMS & CONDITIONS APPLY  
ASK INSTORE FOR DETAILS.  
SIT DOWN ONLY. NO TAKE AWAY