



BAKER'S ALL DAY BREAKFAST*

MYO BREAKFAST (MAKE YOUR OWN) 55V

FREE RANGE EGGS: SCRAMBLED / POACHED / FRIED
SERVED WITH ROAST TOMATO PRESERVE & GREEN HERB DRESSING

ADD: AVOCADO +25
PORK / BEEF SAUSAGE +28
BACON +28
MUSHROOMS +28
SMOKED SALMON +58

Croissant, Bacon,
Tomato & Egg **88**

FARMHOUSE BREAKFAST 120

Eggs your way, with crispy bacon, mushrooms, beef sausage, roast tomato preserve and hand-cut fries.

CHEESY OMELETTE 79V

3 egg Omelette filled with a cheese mix and served with roast tomato preserve, fresh Mexican salsa and rocket.

ADD BACON +28 | SMOKED SALMON +58

ALL DAY BREAKFAST PIZZA 98

Bacon, beef sausage, mushrooms, cherry tomatoes and an egg.
SERVED ON AN ITALIAN PIZZA BASE. GLUTEN FREE AND LOW CARB BASES ARE AVAILABLE ADD +10

EGGS BENEDICT 68V

Two poached eggs with hollandaise sauce served on toast of your choice with our roast tomato preserve.

ADD BACON +28 | SMOKED SALMON +58

BURGER BENEDICT 120

A poached egg with hollandaise sauce served on top of our CLASSIC BEEF BURGER with fries

SAVOURY BRIOCHE FRENCH TOAST 79/85* V

With crispy bacon, mushrooms and homemade tomato sauce.

*SERVED WITH A POACHED EGG

SWEET BRIOCHE FRENCH TOAST 79* V

With honey, sautéed fresh fruit and custard yoghurt.

TOASTED BACON EGG & CHEESE 79

Eggs, crispy bacon, homemade cheese sauce and cheese mix on our sourdough served with fries.

BREAKFAST BURRITO 89V+

A large tortilla wrap filled with scrambled eggs, crispy bacon, sliced avo, fresh salsa, homemade tomato sauce, a drizzle of smoky tomato vinaigrette and rocket. (SEE VEGAN GREEN MENU FOR VEGAN VERSION)

BREAKFASTS ARE SERVED ON A CHOICE OF OUR SOURDOUGH OR BUTTERMILK RYE. UNLESS OTHERWISE STATED. IF YOU PREFER: GLUTEN FREE ADD 5 | LOW-CARB ADD 5 | CROISSANT ADD 22

TOAST & AVOCADO 79/85* V+

Crushed avo, Danish feta, roast tomato preserve, thinly sliced radish, roast peppers and rocket. Dressed with lemon and basil pesto and smoky tomato vinaigrette and served on our sourdough.

*SERVED WITH A POACHED EGG

TOAST & CREAMY MUSHROOMS 79/85* V

Mushrooms cooked with garlic, fresh thyme, creamy buttermilk crème fraiche and parsley.

*SERVED WITH A POACHED EGG

TOAST & SPICY MINCE 79/85*

Spicy mince served on our sourdough with fresh salsa and rocket. For extra heat ask to add chilli.

*SERVED WITH A POACHED EGG

RAINBOW BIRCHER MUESLI BOWL 69V+

Bircher oats soaked in oat milk, served with a pineapple turmeric & coconut yoghurt lassi lolly, blueberry chia pudding, nutty granola, seasonal fruit and berries.

TOASTIES

THESE TOASTED AND OPEN SANDWICHES COME WITH YOUR CHOICE OF HAND-CUT FRIES OR A CRUNCHY SIDE SALAD

TOASTED CLASSIC CHICKEN MAYO 75V+

Roast chicken breast mixed with homemade mayo and layered with sliced tomato and gherkin on our light sourdough.

TOASTED CHICKEN RED PESTO MAYO 79V+

Roast chicken breast and red pepper pesto mixed with homemade mayo and layered with sliced tomato and gherkin on our light sourdough.

TOASTED CHEESE 74V

With cheese mix and homemade cheese spread on our light sourdough. Please ask if you would like tomato on your toasted cheese.

TOASTED HAM, CHEESE & TOMATO 84

Ham, sliced tomato, homemade cheese spread, cheese mix and slow roast small onions on our light sourdough.

CHICKEN RED PESTO MAYO & AVO 90V+

OPEN SANDWICH

Served on our sourdough, dressed with pickled and fresh cucumber, radishes, roast tomato preserve and red onion

V+ FOR VEGAN CHICKEN TOASTIES WE USE ON THE GREEN SIDE VEGAN CHICKEN MADE FROM NON GMO SOY PROTEIN, FAVA BEANS, PEA PROTEIN, LENTIL AND CHICKPEA FLOUR & VEGAN MAYO)

TOASTIES ARE SERVED ON A CHOICE OF OUR LIGHTY SOURDOUGH OR BUTTERMILK RYE. IF YOU PREFER GLUTEN FREE ADD +5 | LOW-CARB ADD +5 | CROISSANT ADD +22

BURGERS

BURGERS ARE MADE FROM 100% BEEF OR GRILLED CHICKEN BREAST AND SERVED WITH HAND-CUT FRIES OR A CRUNCHY SIDE SALAD AND ONION RINGS UNLESS OTHERWISE STATED.

CHEESE BURGER 105

With cheese mix, sliced tomato, gherkins, rocket and BBQ mayo

BACON & CHEESE BURGER 120

With sliced tomato, gherkins, rocket and BBQ mayo topped with bacon and cheese mix.

SOUTHERN FRIED CHICKEN BURGER 98V+

Buttermilk marinated chicken breast with a seasoned flour coating, deep fried and dressed with a crunchy slaw, gherkins and sriracha mayo. (SEE VEGAN GREEN MENU FOR VEGAN VERSION)

CRUNCHY FALAFEL BURGER 85V+

With quinoa encrusted veggie falafel made with quinoa, chickpeas, cannellini and kidney beans, green peas, celery and coriander dressed with a crunchy slaw, gherkin and sriracha mayo.

BREAKFAST BURGER 115

With sliced tomato, gherkins, rocket and BBQ mayo and topped with bacon and a fried egg.

TACOS / WRAPS

SERVED ON 3 SOFT FLOUR TORTILLAS OR IN A 30CM ROUND SOFT FLOUR WRAP

BUTTERMILK FRIED CHICKEN 99V+

Buttermilk marinated chicken breast coated and deep fried, with crunchy slaw, fresh salsa, creamy coriander dressing, sriracha mayo, avo and radish, served with lemon.

FALAFEL * 99V+

Crunchy coated falafel with crunchy slaw, fresh salsa creamy coriander dressing, sriracha mayo, avo and radish, served with lemon. *Made with our falafel burger mix.

BBQ CHICKEN 99V+

Grilled BBQ marinated chicken breast with crunchy slaw, fresh salsa, creamy coriander dressing, sriracha mayo, avo and radish, served with lemon.

V+ FOR VEGAN CHICKEN TACOS WE USE ON THE GREEN SIDE VEGAN CHICKEN MADE FROM NON GMO SOY PROTEIN, FAVA BEANS, PEA PROTEIN, LENTIL AND CHICKPEA FLOUR)

PIZZAS

ALL OUR PIZZAS ARE MADE ON ITALIAN PIZZA BASES WITH GRATED MOZZARELLA & A ROAST ITALIAN TOMATO SAUCE

GLUTEN FREE BASE / LOW-CARB BASE ADD 10
LOW-CARB BREAD & PIZZA BASES ARE ALSO GLUTEN FREE.
PLEASE ASK IF YOU WOULD LIKE TO ADD CHILLI

ALL DAY BREAKFAST PIZZA 98

With bacon, beef sausage, mushrooms, cherry tomatoes, an egg and rocket.

BACON AVO FETA & CHEESY RUSSIAN PIZZA 115

With bacon, feta, avo, Cheesy Russian sausage, cherry tomatoes and slow roast small onions.

BBQ CHICKEN & CHORIZO PIZZA 98

With grilled chicken marinated in our own BBQ sauce and thinly sliced chorizo.

CHEESE & TOMATO PIZZA 75

With grated mozzarella homemade tomato sauce and dressed with cherry tomatoes. . NO CHERRY TOMATOES ! PLEASE TELL YOUR WAITRON)

SPINACH & FETA PIZZA 90V+

With wilted spinach and feta.

HAM & PINEAPPLE PIZZA 98

With gypsy ham and grilled pineapple.

EXTRAS

| | | | |
|------------|----|-------------------|----|
| EGG | 16 | FETA/CHEESE MIX | 25 |
| OLIVES | 18 | BEEF/PORK SAUSAGE | 28 |
| SPINACH | 18 | FRIES | 28 |
| PESTO | 22 | MUSHROOMS | 28 |
| AVOCADO | 25 | CHEESY RUSSIAN | 30 |
| BACON | 28 | CHICKEN | 30 |
| MOZZARELLA | 25 | SMOKED SALMON | 58 |

SALAD & SOUP

CHICKEN CAESAR SALAD 99

Grilled chicken, cos lettuce, crispy bacon, boiled egg, crunchy crostini, slivers of parmesan and a creamy Caesar dressing.

ADD AVO +25 (*Dressing contains anchovies)

CRUNCHY SALAD 52V+

A crunchy salad made with cos lettuce, rocket, baby spinach, carrot, white and red cabbage, red onion, sliced radish, cucumber and tomato, pickled peppers and spring onions. Tossed with mint and coriander and served with crunchy crostini.

ADD AVO +25 | BACON +28 | FETA +25 | GRILLED CHICKEN +30

TOMATO SOUP 62V+

Chunky roasted tomato soup served with lemon and basil pesto Served with crunchy crostini.

BEAN, CHORIZO & TOMATO SOUP 72

Our house tomato soup with chorizo, cannellini, kidney beans and garlic. Served with crunchy crostini.

Add half a Cheese Toasty to your soup +30

V – SUITABLE FOR VEGETARIANS

V+ – VEGAN OPTIONS AVAILABLE

Vegan Green Menu

ALL DAY BREAKFAST

SERVED ON OUR SOURDOUGH

VEGAN SCRAMBLED EGGS 59

Chickpea scramble served with roast tomato preserve, mushrooms, vegan lemon and basil pesto, lemon and roast tomato sauce.

ADD AVO +25

VEGAN BREAKFAST BURRITO 89

A large tortilla wrap filled with vegan scrambled eggs, sliced avo, mushrooms, fresh salsa, homemade tomato sauce and rocket

TOAST & AVO 79

Crushed avo, vegan feta, roast tomato preserve, thinly sliced radish, roast peppers and rocket and served on our sourdough.

LIGHT MEALS

FALAFEL TACOS* / WRAP 99

Crunchy coated falafel with crunchy slaw, fresh salsa creamy coriander dressing, avo and radish, served with lemon on soft flour tortillas or a 30cm soft flour wrap. *Made with our falafel burger mix

CRUNCHY FALAFEL BURGER 85

Quinoa encrusted veggie falafel made with quinoa, chickpeas, cannellini and kidney beans, green peas, celery and coriander dressed with a crunchy slaw, gherkin and sriracha mayo on a Kaiser burger bun. Served with hand cut fries or a crunchy side salad

CRUNCHY SALAD 52

A crunchy salad made with cos lettuce, rocket, baby spinach, carrot, white and red cabbage, red onion, sliced radish, cucumber and tomato, pickled peppers and spring onions. Tossed with mint and coriander and served with crunchy crostini.

ADD AVO +25 | VEGAN FETA +23 | GRILLED VEGAN CHICKEN +28

THE SOUTHERN FRIED VEGAN CHICKEN BURGER 98

With coconut yoghurt marinated vegan chicken breast*, a seasoned flour coating, deep fried and dressed with a crunchy slaw, gherkins and sriracha mayo. Served on a Kaiser sesame bun.

*WE USE ON THE GREEN SIDE VEGAN CHICKEN MADE FROM NON GMO SOY PROTEIN, FAVA BEANS, PEA PROTEIN, LENTIL AND CHICKPEA FLOUR)

LOOK FOR THE V+ ICON ON THE MAIN MENU FOR MORE VEGAN OPTIONS AVAILABLE

Weekly Special

**MON – FRI 2PM TO CLOSE
BURGERS, PIZZAS, TACOS/WRAPS**

R70

**TERMS & CONDITIONS APPLY ASK INSTORE FOR DETAILS.
SIT DOWN ONLY. NO TAKE AWAY**

Early Bird Breakfast

MON TO SUN OPEN TO 9AM²

- SCRAMBLED EGG** 40
Creamy scrambled eggs with roast tomato preserve and rocket.
- EGGS BENNY** 40
With two poached eggs, hollandaise sauce, our roast tomato preserve and rocket.
ADD BACON +25
- VEGAN SCRAMBLE** 40
Chickpea scramble with roast tomato preserve, and rocket.

THE ABOVE BREAKFASTS ARE SERVED ON OUR LIGHT SOURDOUGH – IF YOU PREFER GLUTEN FREE ADD R5 | LOW-CARB ADD R5 | CROISSANT ADD R22

- BIRCHER MUESLI** 35
Bircher oats soaked in oat milk dressed with nutty granola and fresh fruit.

COMBOS (SERVED WITH COFFEE OR TEA)

- BACON & EGG ROLL** 50
Fried egg and bacon with homemade mayo, tomato sauce and rocket served on a roll with an Early Bird coffee.
- BACON, ROCKET & TOMATO ROLL** 50
Crispy bacon, sliced tomato, rocket and homemade mayo on a roll served with an Early Bird coffee.

Coffee

- CAPPUCCINO 18
- AMERICANO 18
- LATTE 18
- ESPRESSO 18
- CORTADO 18
- FLAT WHITE 18
- MACCHIATO 18

Tea

- CEYLON TEA 18
- EARL GREY 18
- ROOIBOS 18
- GREEN 18

*SPECIAL ONLY APPLIES TO REGULAR SIZE COFFEE & TEA ITEMS LISTED. SIT DOWN ONLY LATTE IS SERVED IN A REGULAR CUP

² TERMS AND CONDITIONS APPLY. OFFER TIMES MAY BE SUBJECT TO CHANGE WITHOUT WARNING. ALL ITEMS SHOWN AVAILABLE AS SIT DOWN ONLY. NO SUBSTITUTIONS OR CHANGES MAY BE MADE

HOT DRINKS

| COFFEE | S | R | T |
|-----------------|----|----|----|
| AMERICANO | 25 | 30 | 33 |
| CAPPUCCINO | 27 | 32 | 37 |
| LATTE | 27 | 32 | 37 |
| FLAT WHITE | | 32 | |
| MOCHA DARK CHOC | 34 | 38 | 42 |

| SHORTS | S | D |
|-----------|----|----|
| ESPRESSO | 22 | 24 |
| MACCHIATO | 25 | 27 |
| CORTADO | 25 | 27 |

| LATTES | S | R | T |
|---------|----|----|----|
| ROOIBOS | 32 | 37 | 42 |
| CHAI | 32 | 37 | 42 |

IF YOU PREFER SOYA MILK PLEASE ASK FOR ALMOND & OAT MILK ADD R10
WE SERVE ALMOND CREAMERY AND OATIFY MILK (SUBJECT TO AVAILABILITY)

SAVE R2 ON YOUR COFFEE WHEN YOU USE A KNEAD BAKERY REUSABLE Keep Kup R99 + A FREE COFFEE²



BABYCCINO (FREE FOR KIDDIES UNDER 2)
STEAMED MILK WITH A DUSTING OF CHOCOLATE

KIDDYCCINO 15
STEAMED MILK AND CHOCOLATE GANACHE

CLASSIC LOOSE LEAF TEAS 25
ALL OUR TEAS ARE LOOSE LEAF AND SUPPLIED BY ENMASSE TEA MERCHANTS

CEYLON
Medium bodied black tea with a uniquely full aroma.

JASMINE GREEN
A clean blend of green rooibos and jasmine unique to the Western Cape. Caffeine free.

ROOIBOS CONNOISSEUR
Extra-long organic rooibos needles. High in anti-oxidants. Caffeine free.

EARL GREY
Punchy yet delicate, aromatic bergamot and black tea blend.

| HOT CHOCOLATE | S | R | T |
|---------------|----|----|----|
| PLAIN | 29 | 34 | 39 |

COLD DRINKS

| |
|---|
| SODAS 27 |
| COKE, COKE LIGHT, COKE ZERO |
| SPRITE, SPRITE ZERO, FANTA, CREAM SODA, SPARLETTA BERRY |
| APPLETISER/GRAPETISER 30 |

KOMBUCHA

ZOOKA KOMBUCHA ENERGY GINGER 39
Zooka is brewed from high-quality Sencha Green Tea. It contains polyphenol antioxidants, L-thiamine and caffeine, boosting metabolism and energy.

ICED TEA

HOMEMADE ROOIBOS ICE TEA 32
LEMON & GINGER

HOMEMADE CORDIAL FREEZO 29
LEMON & GINGER

| SHAKES | R | T |
|-----------|----|----|
| VANILLA | 36 | 48 |
| CHOCOLATE | 36 | 48 |
| COFFEE | 36 | 48 |
| CHAI | 36 | 48 |

ICED FRAPPES 44
ICY FROZEN & SLUSHY LATTES
COFFEE / CHAI LATTE / CHOCOLATE

SUPER LATTES 44
MADE WITH ALMOND, OAT OR SOYA MILK.

MATCHA
Contains beneficial antioxidant catechins. Coconut sugar and oil, organic matcha tea powder, wheatgrass, ground peppermint leaf and Himalayan crystal salt.

GOLDEN MILK TURMERIC
Powerful anti-inflammatory effects and a strong anti-oxidant. Coconut sugar and oil, organic ground turmeric, cinnamon, ginger, black pepper, cardamom, nutmeg, Himalayan crystal salt and cayenne pepper

FRESHLY SQUEEZED / PRESSED
ORANGE JUICE 42
JUICE OF THE DAY 46

COLD PRESSED JUICES* 39
RED BEETROOT / APPLE / RASPBERRY / CARROT / GINGER
AMBER CARROT / APPLE / ORANGE / GRANADILLA / GINGER
GREEN CUCUMBER / SPINACH / KALE / MINT / APPLE
*THESE JUICES ARE BOTTLED

SMOOTHIES 46

THE CLASSICO
Orange juice, frozen strawberries and banana.

PEANUT POWER
Milk, peanut butter, honey, frozen banana, chocolate ganache and yoghurt.

BERRY SMOOTHIE
Frozen fruit and berries with mixed berry juice

WATER 20
STILL / SPARKLING 400ML

BEERS, LAGER & CIDERS

SAVANNA / SAVANNA LIGHT 37
WINDHOEK / WINDHOEK LIGHT 34
CASTLE LIGHT 34
CASTLE ALCOHOL FREE 33

DRAUGHT

JACK BLACK 500ML 46
JACK BLACK 330ML 36

WHITE WINE

VONDELING CHENIN BLANC B 155 G 45
Tightly grouped tropical flavours with pear and quince. Full and rich with a fresh, zesty finish.

WOLF TRAP WHITE B 120 G 40
Spicy with fruit blossom flavours, followed with a well textured palate and balanced acidity. The wine has a lingering aftertaste with subtle wood flavours.

ROSÉ

VONDELING ROSÉ B 155 G 45
Refreshing and vibrant, with real berry flavours, floral undertones, candied citrus and a crisp finish.

RED WINE

VONDELING MERLOT B 155 G 45
Vibrant fruit filled aromas of sleek cherries, subtle raspberries and soft black pepper carried through to the palate.

WOLF TRAP RED B 120 G 40
Spicy profile with ripe black fruit and cherries, hints of violet flavours from the Viognier, smooth and rich on the palate with soft tannins and good density.

Happy Hour

MON – FRI 3PM TO CLOSE

DRAUGHT LAGER 25
GLASS HOUSE WINE 25
MILKSHAKES 25
SODAS 15

TERMS & CONDITIONS APPLY ASK INSTORE FOR DETAILS. SIT DOWN ONLY. NO TAKE AWAY