# Early Bird Breakfast

MON TO FRI TO 9AM<sup>2</sup>

SCRAMBLED EGG 48
Creamy scrambled eggs with roast tomato preserve

and rocket.

EGGS BENNY 55

With two poached eggs, hollandaise sauce, our roast tomato preserve and rocket.

ADD BACON +30

VEGAN SCRAMBLE 49

Chickpea scramble with roast tomato preserve, and rocket.

THE ABOVE BREAKFASTS ARE SERVED ON OUR
LIGHT SOURDOUGH - IF YOU PREFER
gluten free add R7 | low-carb add R7 | croissant add R25

**CRUNCHY GRANOLA** 

49

House made granola served with fresh fruit and coconut yoghurt

**COMBOS** (SERVED WITH COFFEE OR TEA)

**BACON & EGG ROLL** 

69

Fried egg and bacon with mayo, sliced tomato, tomato sauce and rocket served on a roll with an Early Bird coffee..

BACON, ROCKET & TOMATO ROLL

Crispy bacon, sliced tomato, rocket and homemade mayo on a roll served with an Early Bird coffee.

Coffee	R
CAPPUCCINO	28
AMERICANO	26
LATTE	28
FLAT WHITE	28
ESPRESSO	26
CORTADO	26
MACCHIATO	26

Tea	
CEYLON TEA	24
EARL GREY	24
ROOIBOS	24
GREEN	24
*SPECIAL ONLY APPLIES TO REGULAR SIZE LISTED. SIT DOWN ONLY LATTE IS SERVED	

<sup>2</sup> TERMS AND CONDITIONS APPLY. OFFER TIMES MAY BE SUBJECT TO CHANGE WITHOUT WARNING ALL ITEMS SHOWN AVAILABLE AS SIT DOWN ONLY.

NO SUBSTITUTIONS OR CHANGES MAY BE MADE

## Hot Drinks

COFFEE¥	R	T
AMERICANO	35	38
CAPPUCCINO	38	45
LATTE	38	45
FLAT WHITE	38	
MOCHA DARK CHOC	46	52
<b>SHORTS</b> ¥	D	
ESPRESSO	28	
MACCHIATO	30	
CORTADO	32	
<b>LATTES</b> ¥	R	Т
ROOIBOS	43	49
CHAI	43	49

#### IF YOU PREFER SOYA MILK PLEASE ASK

WE OFFER OAT, ALMOND MILK AT R8 EXTRA HAZELNUT SYRUP R8

**¥BUY A COFFEE & ORDER A REGULAR <u>REFILL</u> AT**The Early Bird Price

SAVE R2 ON TAKE AWAY COFFEES WHEN YOU USE ANY REUSABLE CUP



BABYCCINO (FREE FOR KIDDIES UNDER 2)
STEAMED MILK WITH A DUSTING OF CHOCOLATE
KIDDYCCINO 20

STEAMED MILK AND CHOCOLATE GANACHE

CLASSIC LOOSE LEAF TEAS 27

ALL OUR TEAS ARE LOOSE LEAF AND SUPPLIED BY ENMASSE TEA MERCHANTS

**CEYLON** 

Medium bodied black tea with a uniquely full aroma.

**JASMINE GREEN** 

A clean blend of green rooibos and jasmine unique to the Western Cape. Caffeine free.

**ROOIBOS CONNOISSEUR** 

Extra-long organic rooibos needles. High in anti-oxidants. Caffeine free.

**EARL GREY** 

Punchy yet delicate, aromatic bergamot and black tea blend.

HOT CHOCOLATE S R T PLAIN 39 44 49

## Cold Drinks

SODAS
COKE, COKE LIGHT, COKE ZERO
SPRITE, SPRITE ZERO, FANTA,
CREAM SODA, SPARLETTA BERRY

APPLETISER/GRAPETISER

42

### **KOMBUCHA**

BREW KOMBUCHA ORIGINAL ROOIBOS 42 Good for nature, good for you and delicious too: certified organic, no pesticides, full of rooibos antioxidants and indigenous medicinals.

ICED TEA

HOMEMADE ROOIBOS ICE TEA	42
LEMON & GINGER	
HOMEMADE CORDIAL FREEZO	38
LEMON & GINGER	

SHAKES	R	T
VANILLA	42	52
CHOCOLATE	48	58
COFFEE	48	58
CHAI	48	58

ICED FRAPPES
ICY FROZEN & SLUSHY LATTES

49

COFFEE / CHAI LATTE / CHOCOLATE / MATCHA / GOLDEN TUMERIC

SUPER LATTES

49

MADE ALMOND, OAT OR SOYA MILK.

MATCHA v+

With organic coconut milk, organic Japanese matcha, organic tapioca and acacia gum, potato starch and natural sweetener

**TUMERIC & GINGER GOLDEN LATTE V+** 

With organic coconut cream, cinnamon, ginger, cayenne & black pepper, tapioca, organic acacia gum, and natural sweetener

FRESHLY SQUEEZED / PRESSED

ORANGE JUICE `	46
ORANGE CARROT & GINGER	49
APPLE	49
JUICE OF THE DAY	49
COLD PRESSED JUICES*	39
*THESE JUICES ARE SOLD IN BOTTLES	

RED BEETROOT/APPLE/RASPBERRY/CARROT/GINGER

AMBER CARROT/APPLE/ORANGE/GRANADILLA/GINGER

GREEN CUCUMBER/SPINACH/KALE/MINT/APPLE

SMOOTHIES

THE CLASSICO

Orange juice, frozen strawberries and banana.

PEANUT POWER

Milk, peanut butter, honey, frozen banana, chocolate ganache and yoghurt.

55

**BERRY SMOOTHIE** 

Frozen fruit and berries with mixed berry juice

**OAT'S SO SIMPLE** 

Oat milk, soaked oats, peanut butter, honey, frozen banana, chai and coconut yoghurt.

TURMERIC & GINGER SUPERLATTE

With frozen pineapple, banana, turmeric & ginger super latte powder, honey & almond milk

MATCHA SUPER LATTE

Matcha super latte powder, almond milk and honey.

WATER 25 STILL / SPARKLING 400ml





