# Early Bird Breakfast MON TO FRI TO 9AM<sup>2</sup>

SCRAMBLED EGG	49
Creamy scrambled eggs with roast tomato preserve and rocket.	

**EGGS BENNY** With two poached eggs, hollandaise sauce, our roast

tomato preserve and rocket.

ADD MACON +30

THE ABOVE BREAKFASTS ARE SERVED ON OUR **LIGHT SOURDOUGH - IF YOU PREFER** GLUTEN FREE ADD R7 | LOW-CARB ADD R7 | **CROISSANT ADD R25** 

CRUNCHY GRANOLA	59
House made granola served with fresh fruit and coconut your	urt

**COMBOS** (SERVED WITH REGULAR COFFEE OR TEA)

### MACON & EGG ROLL

75

69

Fried egg and macon with mayo, sliced tomato, tomato sauce and rocket served on a roll with an Early Bird coffee..

### **MACON, ROCKET & TOMATO ROLL**

75

Macon, sliced tomato, rocket and homemade mayo on a roll served with an Early Bird coffee.

Coffee	R
CAPPUCCINO	28
AMERICANO	26
LATTE	28
FLAT WHITE	28
ESPRESSO	26
CORTADO	26
MACCHIATO	26

Tea	
CEYLON TEA	25
EARL GREY	25
ROOIBOS	25
GREEN	25
*SPECIAL ONLY APPLIES TO REGULAR	SIZE COFFEE & TEA ITEMS

LISTED. SIT DOWN ONLY LATTE IS SERVED IN A REGULAR CUP

<sup>2</sup> TERMS AND CONDITIONS APPLY. OFFER TIMES MAY BE SUBJECT TO CHANGE WITHOUT WARNING ALL ITEMS SHOWN AVAILABLE AS SIT DOWN ONLY.

NO SUBSTITUTIONS OR CHANGES MAY BE MADE

# Hot Drinks

38	46
43	52
43	52
42	
52	60
62	70
62	70
D	
30	
34	
38	
	-
	Т
47	55
47	55
47	55
	43 43 42 52 62 62 62 D 30 34 38 R 47 47

### IF YOU PREFER SOYA MILK PLEASE ASK

WE OFFER OAT, ALMOND MILK AT R10 EXTRA HAZELNUT SYRUP R10 OR CINNAMON DOLCE SYRUP R10

**BABYCCINO** (FREE FOR KIDDIES UNDER 2) STEAMED MILK WITH A DUSTING OF CHOCOLATE

KIDDYCCINO	30
STEAMED MILK AND CHOCOLATE GANACHE	

# **CLASSIC LOOSE-LEAF TEAS**

ALL OUR TEAS ARE LOOSE LEAF AND SUPPLIED BY ENMASSE **TEA MERCHANTS** 

**CEYLON** 

**JASMINE GREEN** 

**ROOIBOS CONNOISSEUR** 

**EARL GREY** 

#### **HOT LEMON & GINGER TEA** 30

MADE WITH OUR LEMON & GINGER CORDIAL AND SERVED WITH FRESH LEMON & GINGER

HOT CHOCOLATE	R	T
PLAIN	58	68
BAR ONE	58	68
CHOCLATE HAZELNUT	58	68
CHOC CARAMEL FUDGE	58	68

**NEW ITEMS – LISTED IN COLOUR** 

# **Cold Drinks**

Т

	SODAS COKE, COKE LIGHT, COKE ZERO, SPRITE, SPRITE Z FANTA, CREAM SODA, SPARLETTA BERRY	30 ERO,
	APPLETISER / GRAPETISER	42
	ICED TEA	
	HOMEMADE ROOIBOS ICE TEA LEMON & GINGER	48
	HOMEMADE CORDIAL FREEZO LEMON & GINGER	45
/	SHAKES	
	<b>V</b> ΔΝΙΙ Ι Δ	60

STIAKES	
VANILLA	60
CHOCOLATE	68
COFFEE	68
CHAI	68
CARAMEL FUDGE	68
BAR ONE HAZELNUT	68
BAR ONE	68
STRAWBERRY	68
BUBBLE GUM	68

ICED CAPPUCCINO	45	
ICED FRAPPES ICY FROZEN & SLUSHY LATTES	55	
005555 / 011411 4775 / 0110 001 475 / 14470114 /		

## COFFEE / CHAI LATTE / CHOCOLATE / MATCHA / **GOLDEN TUMERIC**

SUPER LATTES	60
MADE ALMOND, OAT OR SOYA MILK.	
MATCHA	
With organic coconut milk, organic Japanese matcha, org tapioca and acacia gum, potato starch and natural sweet	anic ener

# **TURMERIC & GINGER GOLDEN LATTE**

With organic coconut cream, cinnamon, ginger, cayenne & black pepper, tapioca, organic acacia gum, and natural

#### FRESHLY PRESSED SHOTS

FEIRY GINGER 20 APPLE, LEMON, GINGER

**IMMUNITY** 20

ORANGE, APPLE, GINGER, TURMERIC, LEMON

**WATER** 25

STILL / SPARKLING 400ml

## FRESHLY SQUEEZED / PRESSED

ORANGE JUICE	`	55
<b>ORANGE CARROT &amp; GINGER</b>		60
APPLE		60
JUICE OF THE DAY		60
ADD GINGER 10		

60

#### FRESH PRESSED JUICES\* RED BEETROOT/APPLE/CARROT/GINGER

AMBER CARROT/APPLE/ORANGE/GRANADILLA/GINGER GREEN CUCUMBER/SPINACH/MINT/APPLE

**SMOOTHIES** 68

#### THE CLASSICO

Orange juice, frozen strawberries and banana.

### **PEANUT POWER**

Milk, peanut butter, honey, frozen banana, chocolate ganache and yoghurt.

#### **BERRY SMOOTHIE**

Frozen fruit and berries with mixed berry juice

#### OAT'S SO SIMPLE

Oat milk, soaked oats, peanut butter, honey, frozen banana, chai and coconut yoghurt.

#### **AVOCADO & BANANA CREAM**

Almond Milk, avocado, frozen banana, honey and frozen

#### STRAWBERRY DELIGHT

Strawberry coulis, frozen strawberries, frozen banana, frozen yoghurt and apple juice.





THAT LOVES TO DRINK IT